



Were you **denied or cut off of Food Stamps** in the past?  
You may in fact be eligible!



If you already get Food Stamps, you may be eligible for more!

**If you are age 18-49 and do not live in a household with a child, see the other side of this flyer.**

- Did FIA deny you Food Stamps because your income or your assets were too high?
- Did FIA deny, stop or cut your Food Stamps because FIA decided that someone in your household failed to follow a work rule?
- Do you use part of your income to pay for child-care for a child under age 18 **or** does a member of your household pay child support to a separate household?
- Do you pay for dependent care for an adult in your household, such as an elderly parent who needs care while you work?
- Do you have high housing or utility costs? (For example, rent, mortgage, electricity, heat, etc.)
- Does your household spend more than \$35 per month in medical expenses (such as prescriptions, doctor bills, over the counter supplies, or transportation to medical providers) on a household member who is age 60 or older, or receiving disability benefits?

If you checked any of the boxes above, **you may now be eligible for Food Stamps**. If you are receiving Food Stamps now, you may be eligible for MORE stamps. Even if you were denied in the past, you may be eligible now. Rules in Food Stamp Program have changed in the past year. Reapply for Food Stamps at FIA and seek legal advice. Talk to your caseworker about whether they are considering all your expenses.

You can apply for Food Stamps at your local Family Independence Agency. The organization distributing this flyer may also be able to tell you if you can receive Food Stamps. You can also visit [www.foodstamphelp.org](http://www.foodstamphelp.org)



Michigan Food Stamp Partnership  
*Take a fresh look at Food Stamps.*



## Are you losing your Food Stamps before you have to?

There are many ways to receive more than 3 months of Food Stamps!

If you live in a house with a child under 18,  
please see the other side of this flyer

If you were told you are only allowed to receive Food Stamps for 3 out of 36 months, answer the questions below:

- Are you working, looking for work, or willing to participate in an education and training or job search program?
- Are you in an education, training or substance abuse treatment program?
- Did you use up your 3 months before December 1999?

If you checked any of the boxes above, you may be able to receive Food Stamps NOW and keep them for more than 3 months!

### How can I get Food Stamps for more than 3 months?

- **Employment and Training** -- You can qualify for Food Stamps while you participate in an employment and training program 20 hours a week. Ask your FIA caseworker to refer you to a Michigan Works Agency.
- **Volunteer** -- You can do volunteer work a few hours a week at a nonprofit agency. You can receive Food Stamps as long as you are volunteering. You will have to find the volunteer site yourself. Talk to your FIA caseworker for more information.
- **Be "Deferred"** -- If there is a good reason why you can't work or volunteer, you may not be covered by the 3 month rule. Contact your caseworker or your local legal aid office to find out if you should be exempt from the 3-month rule.
- **Get laid off from your Job** -- if you find a job and re-qualify for Food Stamps, but are then laid off due to no fault of your own, you should qualify for at least 3 more months of stamps while you look for another job.

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